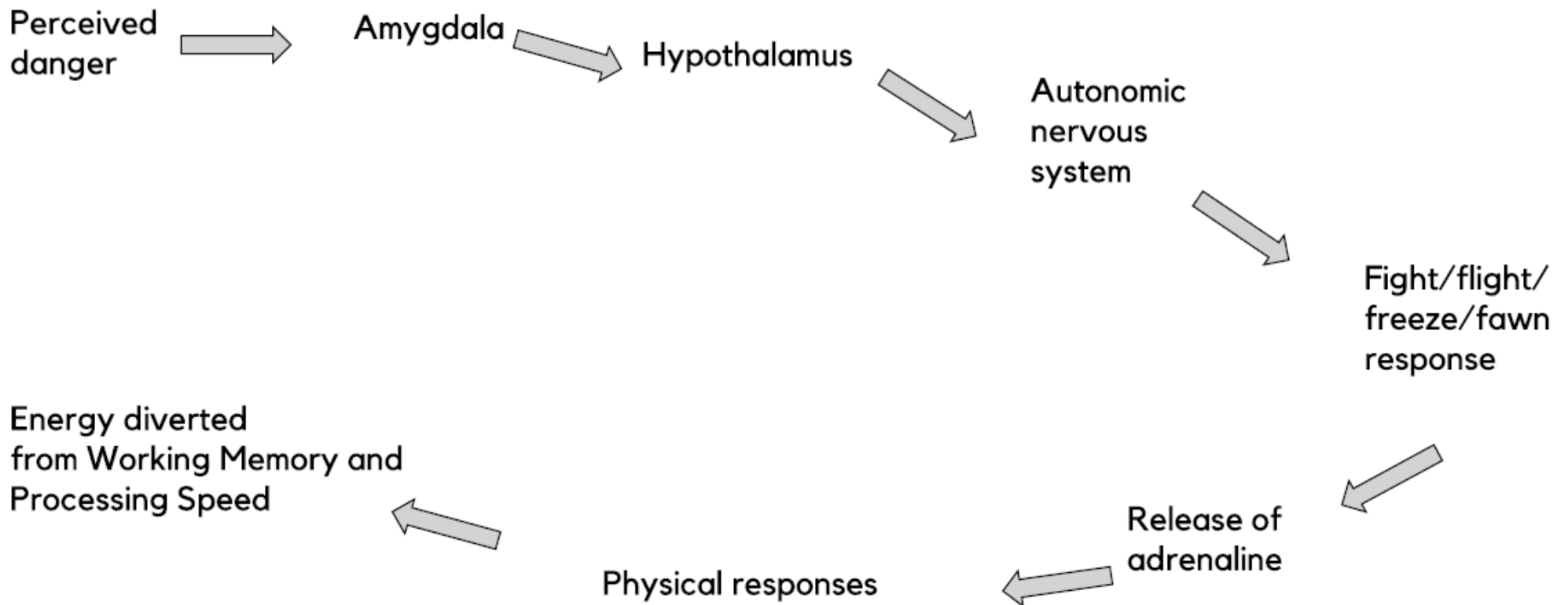
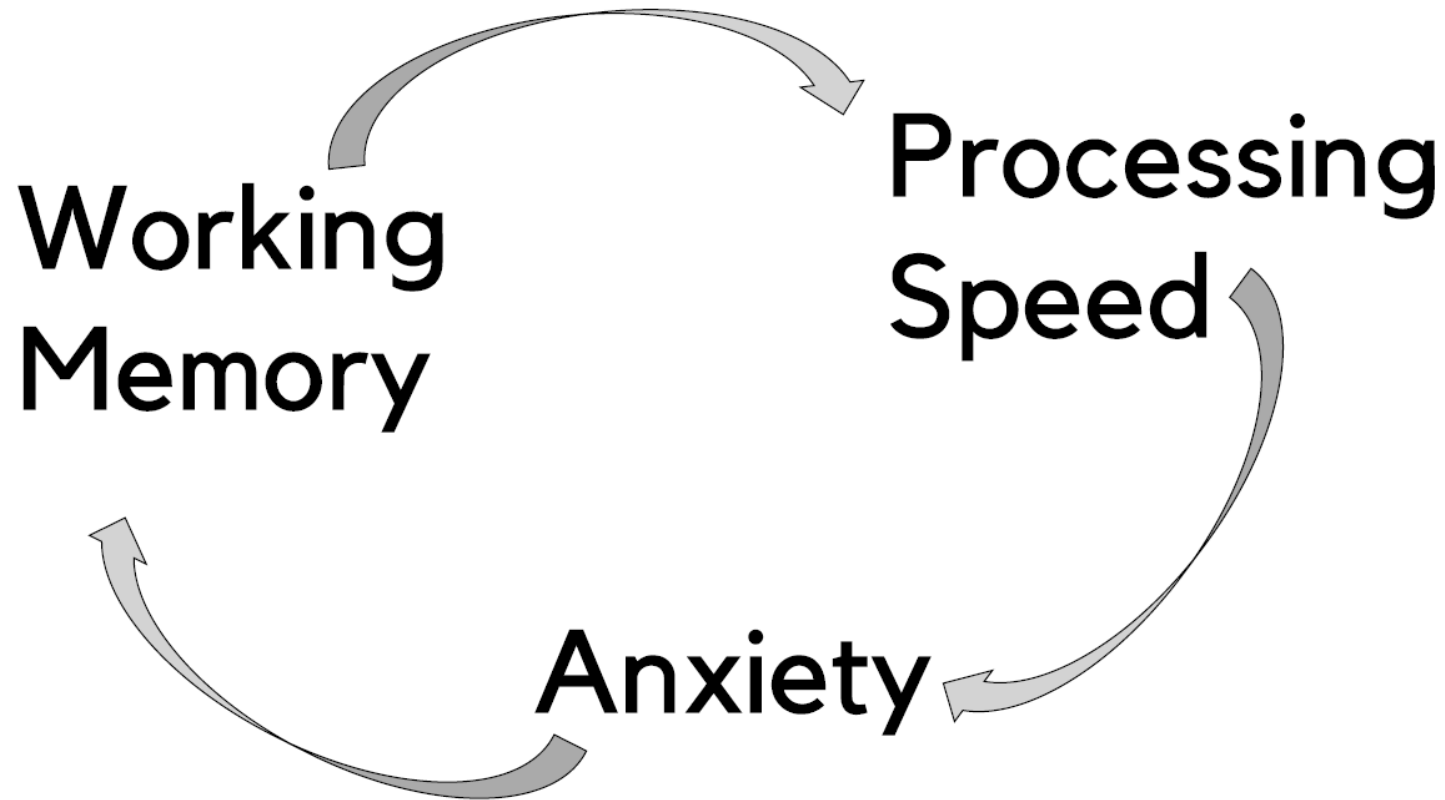


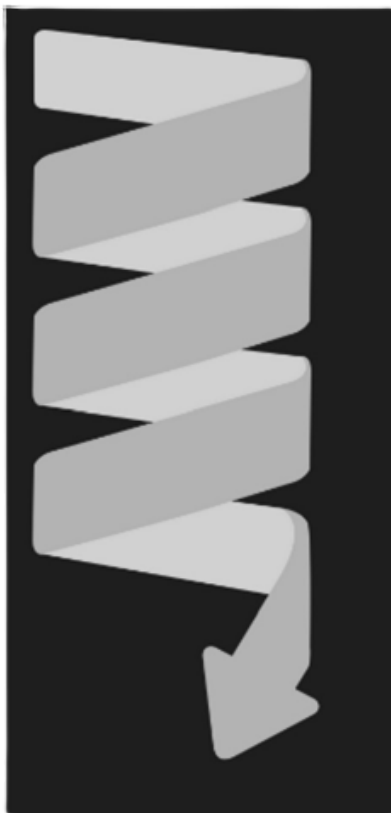
Stress responses

**But how does that link to a child's
fear of maths?**

- **Fight:** facing any perceived threat aggressively.
- **Flight:** running away from the threat.
- **Freeze:** unable to move or act against a threat.
- **Fawn:** immediately acting to try to please - to avoid any conflict.







Long term effects of being anxious about maths